

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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for menu news



1

NO SCHOOL

Holiday

All Souls Day

A Variety of Fruits and Vegetables are offered weekly including Fresh, Frozen and Canned

4

Breakfast
Stuffed Bagel
Fruit

Lunch
Pasta w/ Meat Sauce
Fruit
Daily Vegetable

5

NO SCHOOL

Election Day

6

Breakfast
French Toast Sticks
Fruit

Lunch
Salisbury Steak
Rice
Fruit & Vegetables

7

Breakfast
Mini Pancakes
Fruit & Juice

Lunch
Drumstick
Red Rice
Cucumber Salad
Fruit

8

Breakfast
Fried Rice w/ Ham & Egg
Fruit

Dip it Lunch
Cheesy Breadsticks
Marinara Sauce
Baby Carrots w/ Ranch
Fruit

Cold Cereal is offered daily as a 2nd breakfast Option (instead of the menu item)

11

NO SCHOOL

Veterans Day

12

Breakfast
Breakfast on a Stick
Fruit & Juice

Lunch
Chicken Nuggets
Rice & Beans
Fruit

13

Breakfast
Breakfast Pizza
Fruit

Lunch
Orange Chicken
w/ Rice
Caesar Salad
Daily Fruit

14

Breakfast
Apple Frudel
Fruit & Juice

Lunch
Eggless Loco Moco
Vegetable
Daily Fruit

15

Breakfast
Chicken on a Biscuit
Fruit

Lunch
Pepperoni Pizza
Assorted Vegetable
Fruit

All meals meet USDA requirements for Healthy, Hunger Free Children

18

Breakfast
Stuffed Bagel
Fruit

Lunch
Cheese Burger
Baby Carrots & Ranch
Fruit

19

Breakfast
Breakfast Sandwich w/
Sausage & Cheese
Fruit & Juice

Lunch
Chicken Strips
Spanish Rice & Beans
Fruit

20

Breakfast
Cheese Omelet
Rice
Daily Fruit

Lunch
BBQ Pork Sandwich
Daily Vegetable
Fruit

21

Breakfast
Mini Pancakes
Fruit & Juice

Lunch
Bistek
Rice
Vegetable
Fruit

22

Breakfast
Benefit Bar
Fruit

Lunch
Breaded Chicken Sandwich
Potato Wedges
Fruit

At lunch, you are required to take a fruit or vegetable and at least 2 other items (Milk is optional)

25

Breakfast
Muffin
Fruit

Lunch
Swedish Meatballs & Rice
Daily Vegetables
Fruit

26

Breakfast
Breakfast Pizza
Fruit & Juice

Thanksgiving Feast
Turkey w/ Gravy
Mashed Potatoes
Dinner Roll
Fruit & Vegetable
Cookie

27

Breakfast
Pork Sausage & Rice
Fruit

Lunch
Chicken Corn Dog
Salad
Fruit



29

Breakfast
Bagel w/ Cream Cheese
Fruit

Lunch
Cheese Pizza
Vegetable
Fruit